Cybersecurity Training Catalog

(Duration: 3 hours per module)

Last edited on Feb 25, 2025

*For **enquiries**, either [fill the contact form](#) or [book a free discovery call](#).*

Smartphones are hard to hack: Myth or reality?

Duration

- 3 hours

Language

- FR, EN

Goals

Know
- The risks involved with having a smartphone hacked
- The different attack vectors specific to smartphone security
- Best practices in terms of smartphone security

Able to
- Mitigate the risks of getting your smartphone compromised

Attitude
- Be more vigilant regarding smartphone security risks

Prerequisites

- Zoom version 5 or later
- Basic Windows/Mac skills
- Smartphone running at least Android 10.0 or iOS 17

Educational content

1. Why should you care about smartphone security?
2. The different attack vectors on smartphone
3. The Top 5 smartphone security mistakes

Hacker-proof your online accounts

Duration

- 3 hours

Language

- FR, EN

Goals

Know
- The different ways online accounts can get compromised
- Best practices in terms of online security

Able to
- Create strong passwords
- Audit a URL and evaluate its potential risk

Attitude
- Be more vigilant regarding online security risks

Prerequisites

- Zoom version 5 or later
- Basic Windows/Mac skills
- E-mail address with at least one social media account linked to that address

Educational content

- Why pay attention to online security?
- How can your online accounts get compromised?
- 10 ways to protect your online accounts